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BRITISH JOURNAL OF

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NEUROSCIENCE
NURSING

21st National Conference

Parkinson's 2019

America Square Conference Centre, London
8th May 2019

Key themes for Parkinson's 2019:

- An overview of current challenges and future directions in Parkinson's research
- An assessment of the current state of Parkinson's care and what can be done to improve quality
- A discussion of treatment types for motor and non-motor symptoms of Parkinson's
- Tips and tricks for pairing symptoms with radiological findings
- Guidance on preventing falls in Parkinson's patients
- How to improve research engagement and find participants for research
- Discussion on how to manage lower urinary tract dysfunction in Parkinson's
- Further understanding of mental health interaction in Parkinson's and managing pain
- An opportunity to share and exchange ideas with the leading practitioners in the field



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Parkinsono

8th May 2019 AM

Parkinson's 2019

will provide you with a comprehensive best practice update on current treatments and emerging novel therapies for this disease. There will also be a strong focus on effective patient centred management of Parkinson's disease symptoms such as incontinence, pain, mood and falls. Delegates will also have the opportunity to submit complex case studies for review.

Who should attend?

Parkinson's 2018 will be of particular interest to the following:

- Neurologists
- Psychiatrists
- Old age psychiatrists
- Geriatricians
- Physicians with an interest in Parkinson's
- GPs
- Community mental health teams
- Parkinson's nurse specialists
- Neurology nurse specialists
- Allied health professionals specialising in mental health
- Allied health professionals specialising in neurology

08.30–09.20 **Registration and refreshments**

09.20–09.30 **Welcome and introduction by Chair**

09.30–10.00 **The current quality of Parkinson's care - how well are we doing and how can we do better?**

Dr Rob Skelly

Consultant Geriatrician, Department of Medicine for the Elderly, Royal Derby Hospital

10.00–10.35 **Research update: are we any closer to predicting, preventing or curing Parkinson's?**

Speaker TBC

10.35–11.05 **Imaging: pairing symptoms with radiological findings**

Speaker TBC

11.05–11.15 **Discussion**

11.15–11.35 **Refreshments and exhibition viewing**

11.35–12.05 **Movement and mobility in Parkinson's disease: preventing falls**

Dr Lisa Alcock

Gait Laboratory Manager and Research Associate, Institute of Neuroscience, Newcastle University

12.05–12.40 **Non-motor subtypes and heterogeneity of Parkinson's disease**

Professor K Ray Chaudhuri

Professor of Neurology and Movement Disorders, King's College Hospital and King's College London L

12.40–12.50 **Discussion**

12.50–13.35 **Lunch and exhibition viewing**

n's 2019

8th May 2019 PM

CHAIR: Amelia Hursey

Research Participation Lead, Parkinson's UK

13.35-13.55 **Research engagement and finding participants for research**

Amelia Hursey

Research Participation Lead, Parkinson's UK

13.55-14.25 **Management of lower urinary tract dysfunction in Parkinson's**

Dr Jalesh Panicker

Consultant Neurologist and Reader in Uro-Neurology, The National for Neurology and Neurosurgery and UCL Queen Square Institute of Neurology, London

14.25-14.50 **Diagnosis and management of Parkinson-related pain**

Dr Valentina Leta

Clinical Research Fellow and Clinical Trials Physician, National Parkinson Foundation International Centre of Excellence, Kings College Hospital NHS Foundation Trust, London

14.50-15.00 **Q&A/Discussion**

15.00-15.15 **Refreshments and exhibition viewing**

COMPLEX CASE STUDIES SESSION

15.15-16.00 **3x15 minute discussions**

16.00-16.40 **Mood symptoms**

Managing anxiety and depression to improve quality of life

Dr Jennifer Foley

Clinical Neuropsychologist, National Hospital at Queen Square, London

16.30 **Discussion and close of conference**



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Other

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Entrance to the conference, lunch & refreshments, full conference documentation and certificate of accreditation.

Confirmation of booking

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If you are interested in exhibiting or sponsoring this event contact: Sam Yekta, 0207 501 6679 sam.yekta@markallengroup.com

The Venue

America Square Conference Centre, London

Accommodation

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